

## Emergency/Severe Weather Preparedness

Every foster home is required to have an Emergency Plan. State form LIC610B, "Emergency Plan for Foster Family Homes" is used for this purpose and a copy should be posted in your home. This is a form you completed during the approval process. If you do not have a copy, ask your social worker or local office for a copy from your office file. The plan aims to help a caregivers ask the right questions about their emergency response systems and efficiently assign roles and responsibilities in an emergency. It includes important phone numbers as well as the locations of utility shut offs and emergency equipment.

### Emergency Supply Kits

Although not required, it is strongly recommended to have an emergency supply kit on hand. To assemble your kit store items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers such as plastic bins or a duffel bag. A basic emergency supply kit could include the following recommended items ([Build A Kit | Ready.gov](#)):

- [Water](#) (one gallon per person per day for several days, for drinking and sanitation)
- [Food](#) (at least a several-day supply of non-perishable food)
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight
- First aid kit
- Extra batteries
- Whistle (to signal for help)
- Dust mask (to help filter contaminated air)
- Plastic sheeting and duct tape (to [shelter in place](#))
- Moist towelettes, garbage bags and plastic ties (for personal sanitation)
- Wrench or pliers (to [turn off utilities](#))
- Manual can opener (for food)
- Local maps
- Cell phone with chargers and a backup battery

### Seasonal Rains and Flood Preparedness

Winter is now in full effect and the likelihood of seasonal rains and flooding increases significantly. Last year California saw flooding throughout the state as a result of seasonal rain. The risk of catastrophic floods exists every year and heavy downpours often lead to dangerous flooding conditions. Flooding can occur anywhere throughout the state so it is important for providers to know their flood risk, have an emergency preparedness kit, and practice an evacuation plan.

It is crucial for people to prepare for flooding by following three basic steps:

- **Be aware** of your risk: [Know whether your home is in a flood zone](#); pay attention to weather forecasts; and listen to local authorities.
- **Be prepared**: Always have an emergency evacuation kit ready; be prepared to evacuate early; have a household inventory with copies of critical documents; and have a plan for where you will go in an emergency and what to do with your pets.
- **Take action**: Evacuate immediately when advised to. Also, homeowners' insurance does not cover damage due to flooding; [consider purchasing flood insurance](#).

More resources on how to prepare for a flood are available at the [California Department of Water Resources](#) website. A helpful one page resource about floods can be printed from this link: [FloodSafety-OnePager-11-29-2018.pdf \(weather.gov\)](#)

Please sign and return this page to your Aspiranet Social Worker for training credit.  
My signature below indicates that I have completed the January 2024  
"Emergency/Severe Weather Preparedness" training.

\_\_\_\_\_  
*Signature Foster Parent #1*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Print Name Foster Parent #1*

\_\_\_\_\_  
*Signature Foster Parent #2*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Print Name Foster Parent #2*

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*Aspiranet Authorized Signature*

\_\_\_\_\_  
*Date*

Training credit: \_\_\_\_ minutes